

CANTEEN MENU 2021

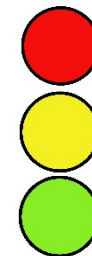
OPENING HOURS

<i>Before School</i>	8.00 am – 8.30 am
<i>Recess</i>	10.30 am – 11.00 am
<i>Lunch</i>	1.15 pm – 1.45 pm

CANTEEN COORDINATOR:
MRS DEBBIE BOWIE

The Canteen service is provided
by the P&C

Surplus funds benefit our school
Volunteers welcome!



This menu complies with the government's "traffic light system for public schools.

Foods in the **GREEN** category are encouraged.

AMBER foods should only be eaten in moderation.

RED foods are not available.

ORDERING PLEASE ORDER YOUR LUNCH BEFORE SCHOOL

Late lunch orders may not be able to be filled.

Thank you for your cooperation!

DO NOT LOSE THE TOKEN YOU ARE GIVEN FOR YOUR ORDER!

If you do, you will have to wait until lunches have been collected to see if yours is still there (someone else could have found your token and used it to collect a free lunch).

USE YOUR TOKEN ON THE DAY IT IS ISSUED

Our system relies on orders for a particular day being collected on that day. If you must go home unexpectedly for sickness, a note from the nurse or front office entitles you to a refund when you are back at school and return the token. If you notify the canteen and return the token before going home, you will receive an immediate refund.

ONLINE ORDERING AVAILABLE

Go to
www.leeming.wa.edu.au/canteen-online-orders/

BEFORE SCHOOL FUEL YOUR DAY – EAT BREAKFAST!

(All Breakfast items are ●)

Up & Go Liquid Breakfast	\$2.70
Yogo Chocolate	\$2.80
Yoghurt	\$2.80
Seasonal Fruit	\$1.00
Small and large drinks	\$2.80 \$4.30
HiLo milk	\$1.00
100% fruit juice	\$3.00
Spring water	\$2.00
Iced Tea	\$3.00

MORNING BREAK

● Morning Break Items	
Sushi Tuna/Chicken (GF)	\$5.00
Fruit Salad (Term 1)	\$4.00
Berry Cup	\$3.00
Popcorn (Plain)	\$1.00
● Morning Break Items	
Potato Gems (Available Mondays)	\$2.80
Muffins (Available Mondays)	\$3.00
Ham and Cheese Croissant (Available Mondays)	\$3.50
Sausage Roll (Good Eating variety available Tuesdays and Thursdays)	\$2.80
Pizza Cheezie (Available Tuesdays & Fridays)	\$2.80
Rounder (Available Wednesdays)	\$2.80
Hash Brown (Available Wednesdays)	\$2.80
Pizzas (Available Thursdays)	\$3.00
Cruiser Pies (Available Fridays)	\$3.50

DAILY SPECIALS

> \$5

MONDAY

Sweet Chilli Chicken Roll
+ Salad (extra \$1)

TUESDAY

Nachos Meatball Sub

WEDNESDAY

Beef Burger +Salad
Cheese (extra \$1)
Bacon Carbonara

THURSDAY

Pork Riblet Roll
Salad (extra \$1)
Nachos
Chicken (extra \$1)

FRIDAY

Chicken Burger
+ Salad (extra \$1)

Check Notice Board for Other Specials

HOT SELECTIONS

AVAILABLE EVERY DAY

● Vegetable Friend Rice (V) (GF)	\$5.00
● Macaroni Cheese (V)	\$5.00
● Lasagne	\$5.00
● Hot Dog	\$4.00
● Spinach and Ricotta Roll (V)	\$3.00
● Noodles-Nannee Cups - Chicken, Beef, Mi Goreng	\$3.00
Toasted Sandwich (white or wholemeal bread)	
Choice of one filling - All fillings are ●	\$3.00
Cheese Chicken Tuna Baked Beans Spaghetti Ham	
Two fillings from above list	\$4.00
Add tomato to above	\$0.50

SALAD & SUSHI ●

AVAILABLE EVERY DAY

Salad Plate (V)	\$4.00
Lettuce, tomato, carrot, cucumber, egg (Mayonnaise optional)	
With Ham, Chicken Tuna or Cheese	\$5.00
Sushi (4 Pack) Tuna	\$5.00
Sushi (4 Pack) Chicken (GF)	\$5.00

SANDWICHES & ROLLS

AVAILABLE EVERY DAY

\$ 3 Sandwich - All sandwiches are ●	\$3.00
Egg Chicken Ham Cheese Tuna Salad	

\$4 .50 Sandwich - All sandwiches ●	\$4.50
Egg and Salad Chicken and Salad Ham and Salad Cheese and Salad Tuna and Salad	

Extra Salad filling in Sandwich ●	
Beetroot or lettuce or tomato or carrot or cucumber	\$0.50 per filling
Extra Protein filling in Sandwich ●	
Egg or Cheese or Ham or Tuna or Chicken	\$1.00 per filling

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DRINKS & OTHER

AVAILABLE AT ALL TIMES

Small Drink	\$2.80
● Orange C or Flavoured Milk (various)	
Large Drink	\$4.30
● Orange C or Flavoured Milk (Various)	
100% Fruit Juice - all juice are ●	\$3.00
Apple Orange Apple/Blackcurrant	
Spring Water	\$2.00
Hilo Milk (225 ml)	\$1.00
Up & Go Liquid Breakfast	\$2.80
Yogo (Chocolate Only)	\$2.80
Yoghurt	\$2.80
Seasonal Fruit	\$1.00
Juice Bombs	\$2.80
Berry Cup	\$3.00
Iced Tea	\$3.00

AVAILABLE AT LUNCH BREAK ONLY

● Ice Cream	\$1.50
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MISCELLANEOUS ITEMS

Tomato, Chilli or BBQ Sauce portion	\$0.30
Extra knife, fork or spoon	\$0.10

(v) is a Vegan Item
(GF) is a Gluten Free Item